



# MARCH

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |



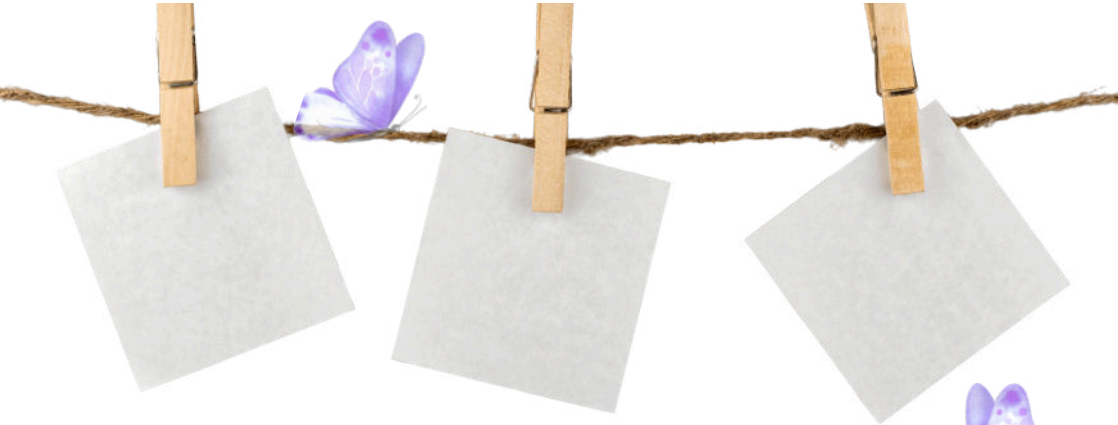
*"Life is 10% what happens to us  
and 90% how we react to it".*

Charles R. Swindoll

## To Do List



*"The future belongs to those who believe in the beauty of their dreams".*  
Eleanor Roosevelt



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*"Happiness is not something ready made.  
It comes from your own actions".*  
Dalai Lama

Things To Do:

Emotions:

What am I  
grateful for  
today?



# journal



